



Women's Voices IN CARDIOLOGY

*7 March 2026
İstanbul*

Theme: Bridging Science and Equality – Gender Differences and Equity in Cardiovascular Medicine

Organisers: Sara Moscatelli & Nihan Çağlar

Venue: TBD – Istanbul Congress Centre / University Hospital Hall

MORNING PROGRAMME – Scientific Focus: Gender and the Heart

09:00 – 09:30 Registration and Welcome Coffee ☕

09:30 – 10:00 Opening Remarks

- Welcome and introduction of the aims
- Overview of the day
- Importance of integrating gender perspectives in cardiovascular medicine
- Special focus on cardiac diseases – conditions where sex differences significantly influence outcomes

Session 1: Gender and Cardiovascular Diseases – What We Know and What We Miss

10:00 – 11:00 Chair:

10:00 – 10:15 Beyond Biology: Sex-Specific Mechanisms in Cardiovascular Disease

Speaker:

10:15 – 10:30 Diagnostic Bias: Are We Still Missing Women?

Speaker:

10:30 – 10:45 From Bench to Bedside: Integrating Gender in Research and Clinical Practice

Speaker:

10:45 – 11:00 Discussion and Q&A

11:00 – 11:30 Coffee Break ☕

Session 2: Gender Differences in Cardiovascular Disease Across the Lifespan

11:30 – 12:15 Chair: a

11:30 – 11:45 Early Roots of Inequality: Sex Differences in Paediatric and Congenital Heart Diseases

Speaker:

11:45 – 12:00 Adolescent Cardiac Health and Transition to Adulthood: Closing the Gaps

Speaker:

12:00 – 12:15 Discussion and Summary

Session 3: Spotlight on Gender Differences in Specific Diseases

12:15 – 13:00 Chair:

12:15 – 12:30 Atrial Fibrillation: Are Women Still Underdiagnosed?

12:30 – 12:45 Heart Failure: Understanding the Female Phenotype

12:45 – 13:00 Chronic Coronary Syndrome : Are women underdiagnosed and undertreated?

13:00 – 14:45 Lunch Break & Networking 🍽️

Session 4: The Role of Gender in Cardiovascular Risk Factors

14:00 – 14:15 Hypertension: Silent lady-killer or not?

14:15 – 14:30 Hyperlipidemia: Unique features of dyslipidemia in women

14:30-14:45 Diabetes mellitus: How Diabetes Affects Women Differently Than Men

Session 5: Gender Bias and Discrimination in Medicine – Recognising and Responding

14:45 – 15:30 Chair:

14:45 – 15:00 Hidden Inequalities: Understanding Gender Discrimination in Cardiology and Academia
Speaker:

15:00 – 15:15 Building Allyship and Inclusive Leadership in Medicine
Speaker:

15:15 – 15:30 Panel Discussion / Q&A

15:30 – 16:00 **Coffee Break** ☕

Shaping the Future – Launch of the Working Group on Gender and Cardiovascular Diseases

16:00 – 17:15 Moderators:

16:00 – 16:15 Introduction: Why a Gender-Focused Group Matters

16:15 – 16:45 Interactive Round Tables – Setting Priorities for the Working Group (Research, Education, Clinical Guidelines, Advocacy)

16:45 – 17:00 Group Sharing and Next Steps

17:00 – 17:15 Closing Remarks and Future Outlook

17:15 – 18:00 **She Leads. She Inspires** – Ceremony to celebrate women leaders in industry who add value to cardiac healthcare
Networking Reception – “Women Supporting Women in Cardiology”

Timing	Suggested Add-on	Duration / Format	Notes
During the morning coffee (09:00–09:30)	Mentoring Corner / Speed Mentoring	Short 10-minute meetings between senior and junior participants	Set up small tables or a 'mentor available' space
Lunch / Networking (12:45–14:00)	Exhibition – Women in Cardiology Through History	Visual display of posters, photos, or stories of pioneering women in cardiology	Prepare curated visual content with captions
During the afternoon coffee break (15:30–16:00)	Interactive Poll / Live Feedback Wall	Participants answer questions or share experiences about bias or discrimination	Use a digital app or a physical post-it wall
During the Networking Reception (17:15–18:00)	“Women Supporting Women” Corner & Photobooth	Space for photos, inspirational quotes, and contact exchange	Decorated area with event slogan or backdrop
Throughout scientific sessions	Disease Spotlights	10-minute inserts or panel focus	Aligns with pharma sponsors while addressing sex-specific pathophysiology



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